

**Recreation Activities Waiver Form**

**I understand and acknowledge that by signing this document I agree for myself and my dependent children, if any, to the following terms and conditions:**

(a) To abide by any and all rules and regulations now existing or to be promulgated by the DEWFCL. (b) To authorize any DEWFCL staff member, if in their sole discretion it is necessary, to administer first aid, contact my family physician, summon emergency medical care, or transport to a medical facility for treatment. (c) To forfeit any and all fees or other payments made to the DEWFCL if my membership is cancelled or terminated for any reason. There will be no refunds. (d) To RELEASE, DISCHARGE and HOLD HARMLESS the campus from any and all responsibility or liability for injury, damage, or loss of any kind involving the DEWFCL, its programs, activities or equipment. (e) To acknowledge that the DEWFCL is not responsible for any articles left in the DEWFCL. (f) To complete Physical Activity Readiness Questionnaire's) and to disclose any healthy history information that would affect my/our exercise program.

By acknowledging and signing this form, the participant recognizes the risk involved and agrees to the following terms and conditions.

1. Physical Condition Certificate

I certify that I have no physical condition or defects, which would cause undue strain on any part of my body by engaging in strenuous exercise or other similar activities that I might pursue while participating in recreation activities at DEWFCL or any other locations that DEWFCL may use.

2. Release and Assumption of Risk

I agree that by my participation in recreation and exercise activities, I expressly assume all risks and full responsibility for any injuries, damages, or losses which may occur on or about the premises of DEWFCL, or any other locations where activities are played, and I hereby fully and forever release DEWFCL, its officers, employees, coaches, and volunteers from all liability for any and all claims, demands, rights of action or causes of action, present and or future, whether the same be known or unknown, anticipated or unanticipated, resulting from or arising out of my participation in recreation activities within DEWFCL.

**I have read the above information and hereby agree to the terms of the forgoing release.**

Signature \_\_\_\_\_ Date \_\_\_\_\_